

# SPOTLIGHT

JONES-ONSLow EMC—POWERING HOMES SINCE 1939



NOVEMBER 2021

## Offering Thanks to All

*Thanksgiving is a time to reflect on the things that matter as families and communities take time to come together and be grateful for what they have. Here at Jones-Onslow EMC, we're thankful for the opportunity to serve our communities.*

Through your support, we not only provide safe, reliable, and affordable power, but we also empower those around us by investing in programs that enrich education, promote economic development, and improve quality of life. We are committed to making a difference in the areas we serve. With your membership, we also continue to pursue innovative new technologies and energy solutions that help build a brighter energy future for everyone.

Members like you serve as a guide for JOEMC to help develop the direction we move in each day through your ideas, comments, elections of Board Members, and much more. Thank you for the opportunity to serve you and for all you do to help us carry out our mission of service to our community.

*Our offices will be closed from  
November 25-26.*

grateful for you

HAPPY THANKSGIVING!

## Electric Cooperative Youth Tour 2022

Calling all High School Juniors, it is time to apply for a free trip to Washington, D.C., June 18–25, 2022, for the Electric Cooperative Youth Tour.

While in D.C., participants will have a chance to meet with North Carolina's elected officials and discuss the critical issues back home, learn about the cooperative business model, visit historic monuments, memorials, and various Smithsonian museums. Undoubtedly, Youth Tour has grown into an invaluable program that gives young leaders an experience that will stay with them for the rest of their lives.



Youth Tour delegates will be selected based on the completion of an application and a short essay. More information to come soon!

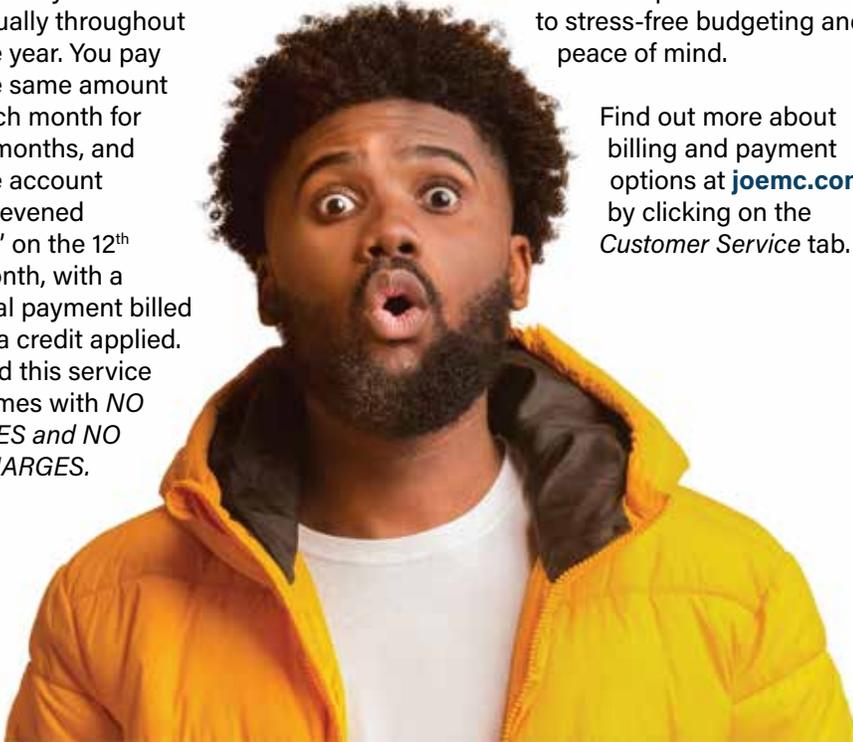
For the latest details, follow us on social media, or contact **Paula Redick** at [predick@joemc.com](mailto:predick@joemc.com), or visit [joemc.com/cooperative/community-programs/youth-tour](https://joemc.com/cooperative/community-programs/youth-tour).

## MEMBERSERVICES

### Avoid Surprises with Budget Billing

Extreme weather can cause your heating system to work overtime during the winter. This can increase your bill when you aren't expecting it. But with our Budget Billing option, you won't need to worry about surprises.

Budget Billing allows you to spread your costs out equally throughout the year. You pay the same amount each month for 11 months, and the account is "evened up" on the 12<sup>th</sup> month, with a final payment billed or a credit applied. And this service comes with *NO FEES and NO CHARGES.*



With Budget Billing, you'll be saying "NO" to surprises and "YES" to stress-free budgeting and peace of mind.

Find out more about billing and payment options at [joemc.com](http://joemc.com) by clicking on the *Customer Service* tab.

## November 27 is Small Business Saturday



*We support our local communities when we support local businesses!*

And you can *save money* when shopping locally at participating Co-op Connections businesses. Show your Co-op Connections Card or use the mobile app from your smartphone and SAVE! For more details and a list of participating businesses, go to [joemc.com](http://joemc.com), click on YOUR COOPERATIVE/COMMUNITY PROGRAMS.

## SAFETYFIRST

### Don't Let Carelessness Ruin Your Holiday Meal

- 1. SUPERVISION IS KEY**
  - Never leave cooking food on the stove top unattended.
- 2. GET IN THE ZONE**
  - Keep children and pets away from the cooking area.
  - Turn handles of pots inward but away from hot burners.
  - Keep the cooking area clear of anything that can burn.
- 3. ROLL 'EM UP**
  - Loose clothes can catch on fire. Remember to roll up your sleeves.
- 4. KEEP A COOL HEAD AND USE THE RIGHT TOOLS**
  - To avoid spreading a grease fire know how to use a multi-purpose fire extinguisher.



## ENERGY EFFICIENCY

### Cook Up Energy Savings This Holiday Season

Cooking accounts for 4% of total home energy use, the U.S. Department of Energy estimates, and this figure doesn't include the energy costs associated with refrigeration, water heating and dishwashing.

As households gear up for the holiday season, keep these tips in mind to control energy costs.

#### • Smart Oven Use

Before the baking begins, clean the inside of your range, wiping accumulated grease and grime out of the oven and making sure the window is clean and clear so you can see what's cooking.

Don't open the oven door to check on the progress of cooking food. Every time the door is opened, the temperature inside is reduced by as much as 25 degrees, forcing it to use more energy to return to the proper cooking temperature. Use the oven light and the window to keep an eye on those cookies.

If you use a ceramic or glass dish for baking, you can typically set your oven to 25 degrees lower than the recipe directs. Because ceramic and glass hold heat better than metal pans, your dish will cook just as well at a lower temperature.

#### • Stovetop Sense

For your stovetop to function effectively, it's important that the metal reflectors under your electric stove burners stay free of dirt and grime. Electric stovetops transmit heat to pans only by direct contact with burners. The less contact your pan has with the burner, the more energy the stovetop has to expend to heat the pan.

If your pans have warped over time and don't sit flat on the burner, it may be time to upgrade to a new set of cookware. To keep pans from warping, don't clean them while they are still hot. The temperature difference between the pan and wash water can deform the metal.

#### • Think Small Appliances

A slow cooker, microwave, toaster oven or warming plate can do the same job of cooking some dishes with less electricity. For example, the average toaster oven can use about half the energy of the average electric stove over the same cooking time.



### Caramel Apple Bread Pudding

#### Ingredients

- 1 cup unsweetened applesauce
- 1 cup fat-free milk
- ½ cup packed brown sugar
- ½ cup egg substitute
- 1 teaspoon vanilla extract
- ½ teaspoon ground cinnamon
- 5 cups cubed day-old bread
- ½ cup chopped peeled apple
- ½ cup fat-free whipped topping
- ½ cup fat-free caramel topping

#### Directions

1. Combine the applesauce, milk, brown sugar, egg substitute, vanilla, and cinnamon in a large bowl. Fold in bread cubes and apple; let stand for 15 minutes or until bread is softened.
2. Pour into an 8-inch square baking dish coated with cooking spray. Bake, uncovered, at 325 degrees for 35–40 minutes or until a knife inserted near the center comes out clean.
3. Serve with whipped topping and caramel topping. Refrigerate leftovers.

**COOK UP ENERGY SAVINGS THIS HOLIDAY SEASON.**

- Clean oven burners regularly.
- Match the pan size to the burner you're using.
- Use small appliances like slow cookers and toaster ovens when possible.

**From our table to yours,  
Happy Thanksgiving!**

## It's a Matter of (Co-op!) Principles PART 2

For me, this is a time of year for reflection and topping my list of things I'm grateful for is our wonderful community. I know I speak for all JOEMC employees when I say that we are thankful to be in such an incredible place. We are fortunate to live in the same place where we work, making our ties to this community much stronger.

Last month, you may recall that my column touched on the first three Cooperative Principles, so I'd like to tell you about the remaining four principles this month. The Cooperative Principles are essential to the co-op business model and benefit all members of the co-op.

### **Autonomy and Independence**

The fourth principle, Autonomy and Independence means that the co-op operates in an autonomous way that is solely directed and guided by its members, reflecting the values and needs of our local community. This means the co-op is not being influenced by leaders or shareholders several states away, and instead, the co-op is led by the local members it serves.

### **Education and Training**

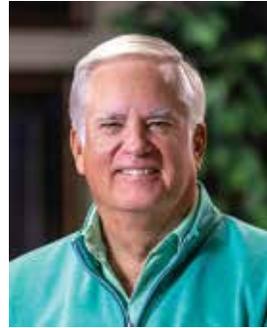
The fifth principle, Education and Training, focuses on enhancing the knowledge of co-op employees and board members, enabling them to contribute to the co-op's development.

By investing in continuous learning for our employees and board members, our co-op is committing not just to individual professional and personal growth but also to the future of the co-op and the high quality of service our members expect and deserve. It's a win-win situation.

We also strive to inform our members (that's you!) and the public about the mission and operations of the co-op. That's why you receive this newsletter every month so that we can share the latest co-op news and updates, as well as energy efficiency and safety tips.

### **Cooperation Among Cooperatives**

Cooperation among cooperatives is the sixth principle and fosters how co-ops work together to address more significant challenges. While this principle applies to all types of cooperatives, it is especially relevant in the energy industry. In our case, we put this principle in action after major storms and disasters that cause widespread power outages. When this happens, we call on nearby co-ops to come to our aid and assist with restoration efforts—and we, of course, extend the same help to them when they need us. I can't think of a better example of cooperation among cooperatives.



Jones-Onslow EMC  
CEO Jeffery T. Clark

In addition, because we are part of the national electric co-op network, we can connect and collaborate with other electric co-ops to tackle industry-related challenges, like cybersecurity and an everchanging energy landscape.

### **Concern for Community**

The seventh principle, Concern for Community, is essential to who we are as cooperatives. We serve our community not only by being an essential service but by helping to power our local economy. Whether through economic development, volunteerism, or donations to local causes, we invest in this community because it's our home too.

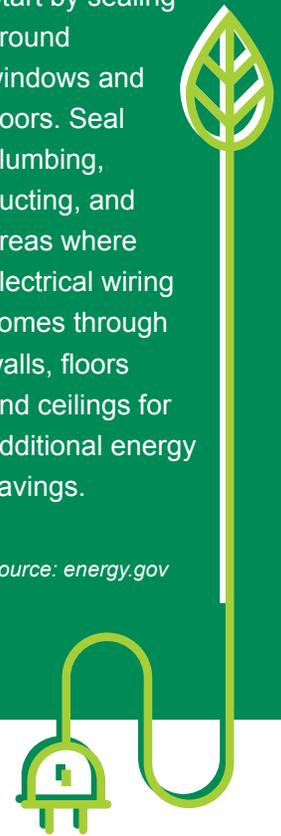
I think you'll find that most cooperatives bring good people together to make good things happen in the community. We hope you feel that way about us, your local electric co-op.

On behalf of everyone at JOEMC, we're thankful for your membership and for you being a part of the co-op; we hope you have a wonderful Thanksgiving.

## Energy Efficiency Tip of the Month

Fall is the perfect time to prep your home for the upcoming winter chill. One of the best ways you can save energy and stay comfortable is to caulk and weatherstrip areas that typically need sealing. Start by sealing around windows and doors. Seal plumbing, ducting, and areas where electrical wiring comes through walls, floors and ceilings for additional energy savings.

Source: [energy.gov](http://energy.gov)



[www.joemc.com](http://www.joemc.com)