




JOEMC

A Touchstone Energy® Partner 

SPOT LIGHT

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JOEMC Member Newsletter July 2018

Local Educator to “Intern” with JOEMC this Summer

Through a partnership between Jones-Onslow EMC, North Carolina’s Electric Cooperatives and the Kenan Fellows Program for Teacher Leadership at N.C. State University, Kari Cobb, a career technology and STEM teacher at Northside High School, has been named a 2018-19 Kenan Fellow.

Kari Cobb



Cobb, who has been teaching for nine years, is among the 25 teachers from across North Carolina who were selected to participate in the 2018-19 fellowship year. Beginning in July, she will work alongside mentors and industry experts at JOEMC learning how power is generated and delivered, exploring the history of the electric cooperative model and how Jones-Onslow is innovating its services and enhancing systems to continue to meet, and exceed, the expectations of its members.

“Jones-Onslow is committed to the communities we serve and we are excited to add the Kenan Fellows Program for Teacher Leadership to that community support,” said CEO Jeff Clark. “Through the program Kari will gain valuable knowledge about JOEMC and the electric utility industry while getting hands-on experiences that she can take back

to the classroom and share with her students.”

Cobb will transfer this knowledge to her students by creating lessons that will help them understand how electricity is produced and delivered to cooperative members. Her lessons will also increase their awareness of various career pathways in the energy field and at the cooperative.

As part of the award, Kenan Fellows participate in 80 hours of professional development focused on project-based learning, digital learning and leadership development. Educators who complete the year-long program remain in the classroom while growing professionally as part of a statewide network of teacher leaders. Today, an elite network of more than 420 Kenan Fellows are working to improve Science, Technology, Engineering and Math (STEM) education in North Carolina and beyond. ▼



2018:
A Year of
Energy
Efficiency

JULY Tip of the Month

Here’s a cool tip for your fridge! Cover liquids and wrap foods stored in your refrigerator. Uncovered foods release moisture, causing the compressor to work harder. Visit joemc.com for more energy efficiency tips.

Welcome to the New Co-op Connections Member Benefit Site

We are excited to let all JOEMC members know that the current Co-op Connections platform has been upgraded and will now give you even more savings and discounts.

Here are just some of the benefits you can enjoy with your FREE membership:

- **Local Deals** – Save right in your neighborhood.
- **Healthy Savings** – Save on prescriptions, dental, vision, chiropractic and more.
- **Hotels** – Save 20% on average booking worldwide.
- **Cash Back Shopping** – Earn up to 20% cash back at 2,000+ online retailers.
- **Event Tickets** – Save 10% on sports, concerts, theatrical performances and more.
- **National Discounts** – Get access to great deals and discounts.
- **Insurance Savings** – Save hundreds annually when you compare insurance rates on home, life, auto and more.

more savings & discounts

To learn more about Co-op Connections go to joemc.com, look under The Cooperative tab and watch the quick overview video of the updated program on the Co-op Connections page.

If you had previously set up an account you'll have to re-register. Simply go to the old Connections.coop site, click Member Access at the top right-hand corner and login with your email. Then enter touchstone123 as the password. Once you've logged in to the site, you will be directed to change your password.

If you are new to Co-op Connections, welcome! We look forward to providing you an incredible membership program that will save you lots of money on your everyday purchases. All you need to do is visit Connections.coop and watch a quick overview video of the program, and then click Sign Up.

We are constantly striving to provide more value and savings for our members, while living the cooperative difference. If you have questions, please don't hesitate to reach out.

Go beyond the card and find all the ways to save! ►

Scholarships Awarded to Local Students



Jones-Onslow funded scholarships for twenty-eight laudable students in our communities. Twenty-four were graduating high school seniors and four were community college students.

Students that attended high school in Onslow County were selected in conjunction with the school system and its Sponsors For Academic Talent (S.A.T.) Program and received their scholarships at the May S.A.T. Banquet. Other recipients were chosen by the individual school's staff.

The \$1,000 scholarships will assist the youth as they continue with their academic endeavors.

The cooperative is proud of these and all the fine students in our area schools and communities. Congratulations to all of you! ▼

SAT SCHOLARS

Dixon: Leah E. Rhodes
Austin E. Brewer

Jacksonville: Brooke A. Pollock
Satchel G. Waters

Northside: Maria P. Ayala
Justin B. Bautista

Richlands: Aleah N. Pickartz
Caleb M. Miller

Southwest: Alana D. Austin
Brian J. Geller

Swansboro: Paige M. Horvth
Andrew J. Hardy

White Oak: Jade A. Sweeney
Zachary T. Carr

JOEMC RECIPIENTS

East Duplin: Hunter Grady
Angel Acosta-Garcia

Lejeune: Jayda Bodine
Kennedy Starkey

Topsail: Kaitlyn Curry
Monica Eugenio

South Lenoir: Sophia A. Heath
Michaela A. Ezzell

Jones Senior: Ashley Murphy
Brittany Gardner

CCCC: Bethany Turner
Mariana Orrego

LCC: Morgan Layne Rouse
Talia Gamez

Summer Vacations Can Turn Into Energy Savings

Taking a summer vacation? Whether you're headed down the street or around the world, here are some easy adjustments to make before you leave so you can save energy and money while you're away.

👍 Turn up the thermostat.

Setting your thermostat to 85 degrees will prevent your air conditioning system from working overtime to cool your home while you're not there.

👍 Turn down the water heater.

Similarly, turning your water heater down to the lowest setting will ensure that you are not using energy to heat water when you don't need it.

👍 Turn off the lights.

Turn off all unnecessary lights, and consider using a timer if you want to use a light for security at night.

👍 Turn off AND unplug electronics.

Electronic devices like computers, TVs and microwaves use energy even when they are turned off. Use a power strip so



that you can fully shut down all of your unused devices with a single flip of a switch.

👍 Turn to technology.

Technology can be a huge help when it comes to saving energy while you're not at home. Smart and programmable thermostats can be set to automatically adjust the temperature setting when you are away from home. In addition, smart thermostats are Internet-connected and allow you to remotely control the temperature in your home from your phone, computer or tablet.

For more energy efficiency tips, visit joemc.com and look under the Energy Center tab. ▼

Shining Light on LED Savings

LED lights last up to 30 times longer than incandescents, reducing the need to replace bulbs in high or hard-to-reach places. Where can you use LEDs?

Living Room Lamps

Table or floor three-way lamps using LED bulbs provide 620, 1,600 or 2,150 lumens of soft white light and deliver up to 25,000 hours of light.

Kitchen

Dimmable recessed LED conversion lights add a warm glow of up to 1,200 lumens for kitchen workspaces and add far less heat. Each bulb could last 10 years.

Bedrooms and Hallways

Long-life LEDs are ideal for ceiling fixtures. A 9-watt LED produces the same 800 lumens of light as a 60-watt incandescent, and uses about 80 percent less energy.

Bathrooms

Omnidirectional LED globe bulbs provide a warm glow ideal for bathrooms. A 6-watt bulb produces 450 lumens and lasts up to 15,000 hours.

Outdoors

A 6-watt, 500 lumen LED bulb can replace a 40-watt incandescent bulb. The LEDs last up to 30,000 hours, so it could be a one-time switch.



The Value of Member Engagement

Most consumers would not equate active involvement with their electric company with helping their community. But Jones-Onslow is not an ordinary electric company. We're a co-op and our business model is meant to serve the members and the community in which it operates – not to make a hefty profit for investors in other states. JOEMC's customers are more than consumers...they are members of the cooperative. And herein lies the difference.



Our core purpose and mission is to provide safe, reliable and affordable power. But as a co-op, we are motivated by service to the community, rather than profits. After meeting our annual expenses, we invest the extra money back into the co-op and the wider community. We depend on the guidance and perspective of our board to help set priorities for the co-op and guide governance decisions. And remember, our board of directors is comprised of members who live and work in our service area, for they are in a position to know where community investments are most needed.

JOEMC has numerous ongoing programs that impact the community. Every summer, for example, we participate in a youth tour that takes local high school students to the nation's capital to meet with lawmakers, enabling students to learn firsthand how our democracy works. We have a scholarship program (see Page Two) and are proud to be part of the Kenan Fellowship Program with North Carolina State University. In addition, we support economic development efforts, local civic clubs and our local schools through various initiatives including the Bright Ideas Grant Program.

We recognize the vital role JOEMC plays in energizing our local economy. But to continue to innovate and more effectively serve the community, we rely on you, our members, to provide guidance. We value your perspective, and we cannot operate effectively and help our community thrive without you.

Jeffery T. Clark | CEO

STATEMENT OF NONDISCRIMINATION Jones-Onslow Electric Membership Corporation is an equal opportunity employer and strives to comply with all applicable local, state, and federal laws, regulations, rules, and orders regarding equal employment opportunities. In particular, the Corporation strives to comply with all applicable provisions of the Equal Pay Act of 1963, Title VII of the Civil Rights Act of 1964, the Age Discrimination in Employment Act of 1967, and the American with Disabilities Act of 1990, and all amendments to these Acts. Furthermore, the Corporation is committed to helping ensure that no individual is discriminated against by the Corporation because of the individual's race, color, national origin, age, sex, or disability.

Andrea Avery, PHR, the Corporation's Vice President of Human Resources, is responsible for coordinating the Corporation's nondiscrimination efforts. Any individual who believes that he or she has been discriminated against by the Corporation may obtain additional information from, or may file a charge of discrimination with, the Equal Employment Opportunity Commission (EEOC). Any charge of discrimination, however, must be filed with the EEOC within one hundred and eighty (180) days after any alleged discrimination.



Salmon Salad with Blueberry Vinaigrette

Ingredients:

- 1 cup fresh blueberries, divided
- 1 onion, sliced, divided
- ½ cup orange juice, not from concentrate
- ¼ cup balsamic vinegar
- 1 Tbsp extra-virgin olive oil
- salt and pepper, to taste
- 4 packed cups mixed greens
- 2 mandarin oranges
- 6 oz. cooked salmon

Directions:

Make the dressing by putting ½ cup blueberries, half the sliced onion, orange juice, balsamic vinegar, olive oil, salt and pepper in a blender; blend until smooth. In a bowl, mix greens, remaining onions, remaining blueberries and orange slices. Top with salmon. Drizzle with dressing.

Serves 2

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