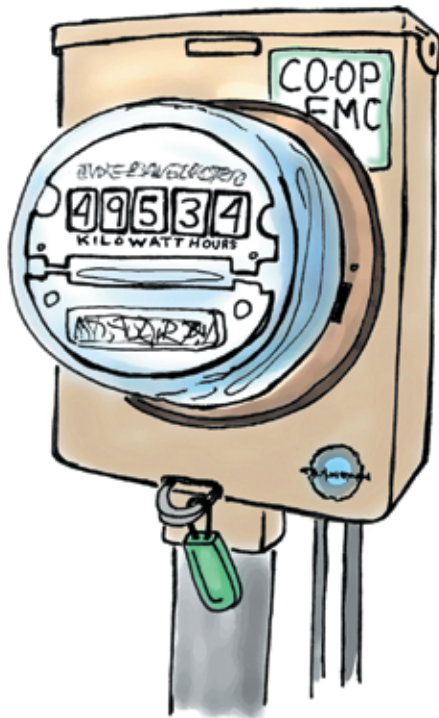


61. Match wash time, cycle, and water level to clothes load.
62. Wash clothes (full loads only) in warm or cold water.
63. Presoak stained clothing to shorten wash cycle.
64. Separate lightweight and heavy clothing before drying.
65. Do not over dry clothes; clean lint filter after each load.
66. Fix leaky faucets.
67. Take brief showers instead of baths.
68. Do not leave water running when shaving or rinsing dishes.
69. Match water heater size to your needs; set at 120-140 degrees.
70. Insulate long runs of water pipes.
71. Use fluorescent rather than incandescent bulbs, where possible.
72. Burn one 100-watt bulb instead of two 60-watt bulbs.
73. Keep lamps, shades and bulbs dust-free.
74. Paint ceilings and walls a light color.
75. Turn off lights when not in use.

Flick the switch on empty rooms and unused equipment. When leaving your home, set lights on a timer.



75 ways to save energy



JOEMC
**Jones-Onslow Electric
 Membership Corporation**

A Touchstone Energy® Partner 

Keeping Cool.....

1. Choose the proper size air conditioner for your needs.
2. When selecting a unit, compare seasonal energy efficiency ratios (SEER)—the higher the better.
3. Locate unit on shady side of house, away from shrubs, dryer vent.
4. Do not block air circulation with furniture or drapes.
5. Replace air filters regularly.
6. Do not run window fan when unit is on.
7. With central air, set the thermostat at 78 degrees.
8. Keep the sun, light fixtures and heat producing appliances away from thermostat.
9. Cook in self-heating appliances such as a microwave oven or electric fry pan.
10. Use kitchen/bathroom exhaust fans to reduce humidity.
11. Turn off heat producing gadgets when not in use.
12. Close shades on sunny side of house.
13. Make sure insulation, especially in ceiling, is adequate, R-30.
14. Install a power roof ventilator.
15. Run an attic fan on cooler days and nights.
16. Choose a light colored roof to reflect sunlight.
17. Plant shade trees on south and west sides of house.
18. Install window awnings to block afternoon sun.
19. Vent clothes dryer to outside.



Keeping Warm.....

20. Update your home's insulation—nothing is more important.
21. Check entire heating system before winter.
22. Leave the thermostat as low as comfort allows.
23. Place thermostats on inside walls, away from drafts.
24. Train family members to shut outside doors tightly, quickly.
25. Lower thermostats when large group of people gather.
26. Add storm windows and doors or thermal glass.
27. Weatherstrip and caulk around windows and doors.
28. Draw shades on cloudy days, open on sunny days.
29. Insulate or carpet floors above unheated crawl space.
30. Seal off unheated rooms.
31. Close fireplace damper when not in use.
32. Humidify for more comfort at lower room temperature.



33. Clean furnace filter once a month.
34. Do not block registers/radiators with furniture, drapes.
35. Wear cotton/wool layers of clothing.
36. Use electric blankets or layers of quilts at bedtime.
37. Convert to heat pump to heat and cool for less.
38. Insulate heating ducts or pipes in unheated areas.
39. Never use your oven to heat kitchen.

Cooking.....

40. Use straight-sided pans with flat bottoms.
41. Match pan size with size of surface burner.
42. Cover pots with tight-fitting lids.
43. Boil only the amount of water needed for tea or coffee.
44. Thaw frozen foods before cooking.
45. Do not preheat oven when you are broiling or roasting.
46. Do not "oven peak" too much.
47. Bake several dishes at once—freeze extra portions.
48. Turn off oven and surface units early—heat will finish the job.
49. Cut cook energy 50-75 percent with a microwave oven.
50. Use all-day slow cookers and/or low wattage appliances.



Using Big Appliances.....

51. Fill refrigerator to capacity without blocking air circulation.
52. Defrost freezer when ice is 1/4" thick.
53. Locate away from heat sources.
54. Make sure door gaskets are tight.
55. Cool foods before refrigerating.
56. Avoid repeated, extended door openings.
57. Clean condenser coils periodically.
58. Maintain about 40 degree refrigerator temperature, zero in freezer.



Dishwasher

59. Wash only a full load in dishwasher.
60. Turn off after wash cycle, let air dry.